

Answer Key:

• **FOCUS**

What does it mean?

- Freedom
- Obedience
- Care
- Unity
- Serve

Bottom Line:

- dominate
- God

Three things about God:

- made
- knows
- plan

Three habits that will keep you FOCUS:

1. Great
2. Need

Talk to Him...

- care
- first
- specifically

3. Step

Part 1

“The Word for 2022”

Proverbs 4:25 NCV

“Keep your eyes focused on what is right and look straight ahead to what is good.”

As a Christian, I know that the most important part of my life is God. There is no contest. However, when everything else in the world fights for my attention, it can be incredibly hard to focus on God. As a follower of Jesus, is to focus on God and love Him with all my heart. But sometimes, even good things that I enjoy can end up taking my focus off God if I am not careful.

Focus!

E represents _____!

John 8:36 NLT

“So, if the Son sets you free, you are truly free.”

O represents _____!

2 John 1:6 NIV

"And this is love: that we walk in obedience to his commands. As you have heard from the beginning, his command is that you walk in love."

C represents _____!

1 Thessalonians 2:8 CEV

"We cared so much for you, and you became so dear to us, that we were willing to give our lives for you when we gave you God's message."

U represents _____!

Psalms 133:1 Message

"How wonderful, how beautiful, when brothers and sisters get along!"

S represents _____!

Ephesians 6:7 Voice

"Serve them in good faith as if you were serving the Lord, not men,"

Bottom Line:

- Whatever we focus our attention on is what will

_____ our thoughts!

1 Timothy 4:7-8 NLT

"Spend your time and energy in training yourself for spiritual fitness. Physical exercise has some value, but spiritual exercise is much more important, for it promises a reward in both this life and the next."

- To focus your **LIFE**, focus on _____!

Ephesians 1:4 Message

"Long before He laid down earth's foundations, He had us in mind, had settled on us as the focus of his love..."

Three things about God:

- He _____ you
- He _____ you
- He has an amazing _____ for your life.

When you are focused on God you will not focus on anything else!

Three habits that will keep you FOCUS:

1. Tell God how _____ He is!

Daniel 9:4 NLT

"O Lord, You are a great and awesome God! You always fulfill your promises of unfailing love to those who love You and keep Your commands."

Romans 5:8 NLT

"But God showed His great love for us by sending Christ to die for us while we were still sinners."

Matthew 6:6 Message

"Here's what I want you to do: Find a quiet, secluded place so you won't be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense His grace."

Three habits that will keep you FOCUS:

2. Talk to God about what you _____!

Philippians 4:6-7 NLT

"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand."

Talk to Him...

- Talk to Him about the things you really _____ about.
- Talk to Him the _____ two minutes in the morning before you even get out of bed.
- Talk to Him as _____ as you can.

Three habits that will keep you FOCUS:

3. Trust God and take the next _____!

Proverbs 3:5-6 NLT

"Trust in the Lord with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will direct your paths."

Philippians 3:13-14 NLT

"I am still not all I should be, but I am focusing all my energies on this one thing: Forgetting the past and looking forward to what lies ahead, I strain to reach the end of the race and receive the prize for which God, through Christ Jesus, is calling us up to heaven."